



Recovering from the Impacts of Covid-19 Policies

Kids Up helps kids grow and know they **Belong**, they are **Competent**, and they have **Purpose**.

Kids Up – Ready-to-Implement afterschool youth development for any family, school or group helping elementary school children succeed. Whether you are enhancing an existing afterschool program or starting a new one, Kids Up will guide staff in the daily delivery of quality youth development.

- Belonging – a culture of learning and fun, filled with friends and mentors infuses each day with the social and emotional supports kids need.
- Competency – take advantage of education opportunities and get extra help across four **LEAF** learning areas.
- Purpose – discover and develop new talents while helping others and yourself.

Kids Up provides bi-weekly program schedules that cover the after school hours from the end of the school day to 6 pm, Monday through Friday. Each schedule covers four learning areas – Leadership, Education, Arts, and Fitness (**LEAF**) with goals for the amount of time spent in each area – 10% Leadership, 40% Education, 10% Arts, and 40% Fitness which includes snack and supper time. For school-based programs, the education time can be customized teacher-led or computer instruction. At home or in other venues, afterschool Education begins with homework completion and then moves to the LEAF Education activities.

Kid Up offers schedules for fall (1st semester), spring (2nd semester) and summer. Summer schedules cover a full day (8 am to 5 pm, Monday through Friday). Each semester of schedules/start-up training and technical assistance costs \$10,000. For school semester clients, 7 weeks of full day summer schedules are available for \$10,000. For family use, the cost is \$50 per month.

- Kids Up will provide updated bi-weekly schedules digitally.
- Kids Up will provide start up training for your program leader and staff on how to implement the program and build your afterschool program's culture to instill belonging, competency, and purpose in your students.

Each Kids Up day begins with a high-energy opening ceremony that includes snack and reciting The Kids Up Code and The Pledge of Allegiance. The opening separates the school day from afterschool and starts each day on a good foot. We will teach you how and you can make it your own by customizing your code.

The **Kids Up Framework** lays out how each week of programming works to spread each student's/student group's time across the LEAF learning areas. Students, staff, parents, and other caregivers will know the schedule and be prepared to participate fully with positive expectations for new experiences in a friendly environment. We recommend one group for each of the elementary grades or grouping of two grades together. Single gender grouping works as well with one or two age groups. The activities are designed to be appropriate for all elementary grade levels.

The bi-weekly **Kids Up Activity Schedules** provide the activities that fill each LEAF slot. Staff can do one or more Kids Up activities as time allows. The schedules will be provided well ahead of time so program leaders can collect the needed supplies for the various activities and plan accordingly with staff.

Parents Up – Parents (i.e., adult family representatives) are key to Kids Up. Weekly fees can be charged and their payment is a Parents Up responsibility. Supplies can be donated by parents as part of their Parents Up contribution. Parents pick up their children at the end of the program day so staff can have daily communication with adult family representatives, this is a vital piece of Parents Up and each program's success. When a program operates until 6 p.m. and is optional for participation, parent pick up is vital for connectivity and sustainability.

Accountability – For facility-based programs, teams will be trained to simply track daily attendance and weekly LEAF coverage. This process measures weekly implementation of the Kids Up strategy, generating a dashboard report for any stakeholder. Attendance is the key indicator, as long as fees are manageable, programs should maintain a daily attendance of between 10 to 20 children per staff. Quality implementation, over time, produces positive outcomes.

For students at home, each completed Kids Up activity schedule can be signed by parents and turned in digitally to the school or other local program administrator every two weeks.